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**Physiological responses of cultured bovine granulosa cells to elevated temperatures under low and high oxygen in the presence of different concentrations of melatonin**

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**Abstract**

Our understanding of the effects of temperature on granulosa cell (GC) physiology is primarily limited to *in vitro* studies conducted under atmospheric (~20% O<sub>2</sub>) conditions. In the current series of factorial experiments we identify important effects of O<sub>2</sub> level (i.e. 5% vs 20% O<sub>2</sub>) on GC viability and steroidogenesis, and go onto report effects of standard (37.5°C) vs high (40.0°C) temperatures under more physiologically representative (i.e. 5%) O<sub>2</sub> levels in the presence of different levels of melatonin (0, 20, 200 and 2000 pg/mL); a potent free-radical scavenger and abundant molecule within the ovarian follicle. Cells aspirated from antral (4 to 6 mm) follicles were cultured in fibronectin-coated wells using serum-free M199 for up to 144 h. At 37.5°C viable cell number was enhanced and luteinization reduced under 5 vs 20% O<sub>2</sub>. Oxygen level interacted ( $P<0.001$ ) with time in culture to affect aromatase activity and cell estradiol (E<sub>2</sub>) production (pg/mL/10<sup>5</sup> cells). These decreased between 48 and 96 h for both O<sub>2</sub> levels but increased again by 144 h for cells cultured under 5% but not 20% O<sub>2</sub>. Progesterone (P<sub>4</sub>) concentration (ng/mL/10<sup>5</sup> cells) was greater ( $P<0.001$ ) under 20 vs 5% O<sub>2</sub> at 96 and 144 h. Cell number increased ( $P<0.01$ ) with time in culture under 5% O<sub>2</sub> irrespective of temperature. However, higher doses of melatonin increased viable cell number at 40.0°C but reduced viable cell number at 37.5°C ( $P=0.004$ ). Melatonin also reduced ( $P<0.001$ ) ROS generation at both O<sub>2</sub> levels across all concentrations. E<sub>2</sub> increased with time in culture at both temperatures under 5% O<sub>2</sub>, however P<sub>4</sub> declined between 96 to 144 h at 40.0 but not 37.5°C. Furthermore, melatonin interacted ( $P<0.001$ ) with temperature in a dose dependent manner to increase P<sub>4</sub> at 37.5°C but to reduce P<sub>4</sub> at 40.0°C. Transcript expression for *HSD3B1* paralleled temporal changes in P<sub>4</sub> production, and those for *HBA* were greater at 5% than 20% O<sub>2</sub>, suggesting that hemoglobin synthesis is responsive to changes in O<sub>2</sub> level. In conclusion, 5% O<sub>2</sub> enhances GC proliferation and reduces luteinization. Elevated temperatures under 5% O<sub>2</sub> reduce GC proliferation and P<sub>4</sub> production. Melatonin reduces ROS generation irrespective of O<sub>2</sub> level and temperature, but interacts with temperature in a dose dependent manner to influence GC proliferation and luteinization.

**Keywords:** Granulosa cells, Oxygen level, Melatonin, Heat stress, hemoglobin

## 1. Introduction

Thermal stress can have a detrimental effect on ovarian function and endometrial receptivity in the cow leading to reduced expression of estrus, impaired post-fertilisation development of oocytes and implantation failure [1-3]. It is particularly problematic in the metabolically challenged high-yielding dairy cow that struggles to dissipate heat under moderate to high (typically  $\geq 25^{\circ}\text{C}$ ) ambient temperatures [4,5]. Reduced blood flow to the ovary in such animals can contribute to observed delays in emergence of dominant/pre-ovulatory follicles [6] which in turn can indirectly compromise oocyte quality. However, the effects of heat stress are also believed to directly and negatively affect both pre- and early-antral stages of follicle development, and the pool of germinal vesicle-stage oocytes contained therein [7].

In order to gain a better understanding of the mechanisms underlying the effects of thermal stress on follicular development several studies have undertaken short-term *in vitro* culture of granulosa and/or thecal cells simulating normal or high core-body temperatures. They confirmed reductions in cell viability associated with upregulation of apoptotic pathways and reduced steroidogenic capacity [1,8,9]. However, whilst providing valuable insights into underlying mechanisms, these and other related studies [10], invariably cultured cells under atmospheric ( $\sim 20\%$ )  $\text{O}_2$  levels often in the presence of serum. To the best of our knowledge there are no *in vitro* culture studies that have assessed the effects of thermal stress on somatic cells of the ovary under more physiological  $\text{O}_2$  levels ( $\sim 5\%$   $\text{O}_2$ ), although one recent study considered temperature and atmospheric environment in the context of ROS generation during bovine oocyte maturation [11]. This issue is important because it is believed that both bovine and porcine GCs cultured under low  $\text{O}_2$  are more prolific, glycolytic and estrogenic than GCs cultured in  $5\%$   $\text{CO}_2$  in air [12,13]. A low  $\text{O}_2$  culture environment probably better recapitulates intra-follicular atmospheric conditions as fractional  $\text{O}_2$  concentrations in follicular fluid range between 2 and 9% [14,15].

Variable concentrations (10 to  $> 400$  pg/mL) of the indole amine melatonin have been reported in follicular fluid of different species including the cow [16-20]. Melatonin is believed to exert protective effects on ovarian cells during thermal stress due to its capacity to act as a potent antioxidant [21]. However, as with the studies described earlier, *in vitro* culture experiments with melatonin have to date invariably been conducted under atmospheric  $\text{O}_2$  conditions [17, 22] so that the described modes of action and benefits of melatonin may be specific to these situations and less representative of intra-follicular

processes. Culturing under low O<sub>2</sub> may provide a more physiologically relevant system to investigate the effects of this potent antioxidant in helping to attenuate thermal stress on somatic cells within the ovarian follicle. The current series of experiments, therefore, sought initially to characterise the effects of O<sub>2</sub> level (i.e. 5% vs 20% O<sub>2</sub>) on GC viability and steroidogenesis and then to investigate the effects of standard (37.5°C) vs high (40.0°C) temperatures under low (i.e. 5%) O<sub>2</sub> levels in the presence of different concentrations of melatonin (0, 20, 200 and 2000 pg/mL).

## 2. Materials and methods

All reagents were obtained from Sigma–Aldrich unless otherwise stated.

### 2.1. Granulosa cell culture

Antral follicles (4 to 6 mm) were aspirated from abattoir derived ovaries using a 21 G needle and GCs prepared for serum-free culture. These GCs were therefore likely to represent a population of largely luminal GCs and cumulus cells. Compared to mural GCs (scraped from dissected follicles of comparable size) these cells are more estrogenic [12] and mitotically active [23]. Viable cells (determined by trypan blue exclusion [24]) were re-suspended in 1 ml of pre-warmed M199 culture medium supplemented with (Penicillin (50 IU/ml), Streptomycin (50 µg/ml), bovine serum albumin free fatty acid (BSA; 1 mg/ml), testosterone (100 ng/ml), FSH (1 ng/ml; Cat. No. F2293), insulin (10 ng/ml), transferrin 2.5 (µg/ml), sodium selenite (4 ng/ml) and L-glutamine (365 µg/ml)) prior to plating in fibronectin coated wells (Nunc Delta, Thermo Fisher, Denmark) at seeding densities depicted in Table S1. Fibronectin facilitates the attachment and proliferation of GCs [25], whilst low insulin (10 ng/mL) in serum-free media allows cells to form aggregates, proliferate and maintain a primary GC phenotype [26]; hence their responsiveness to trophic hormones [27].

### 2.2. Experimental designs

#### 2.2.1. Experiment 1.A. Effect of atmospheric vs physiological O<sub>2</sub> level on cell number, steroidogenesis and aromatase activity

This was a 2 x 3 factorial experiment with two O<sub>2</sub> levels (~5 vs 20%; using two humidified incubators (Model Innova CO-14, New Brunswick Scientific, Edison, NJ, USA) at 37.5°C)

and three culture endpoints (48, 96 and 144 h from seeding)), replicated five times using a 6-well plate format (Table S1). 80% of media was replaced every 48 h during culture. Upon harvesting, spent media and cell pellets were snap frozen in liquid N and stored at -80°C until analysis.

#### *2.2.2. Experiment 1.B. Effect of melatonin on cell number, steroidogenesis and gene expression under atmospheric vs physiological O<sub>2</sub> levels*

This was a 4 x 2 x 3 factorial experiment with four levels of melatonin (0, 20, 200, and 2000 pg/ml), two O<sub>2</sub> levels (~5 vs 20%; using two humidified incubators at 37.5°C) and three culture endpoints (48, 96 and 144 h from seeding), replicated four times using a 12-well plate format (Table S1). Melatonin levels for this and subsequent experiments were selected on the basis of concentrations reported previously in ovarian follicular fluids [16-20], and from a small pilot study where we determined melatonin concentrations by ELISA (MyBioSource.com; San Diego, CA, USA; Bovine kit - MBS743340) in follicular fluids from 15 heifers slaughtered at a local abattoir (Figure S1). Simple and geometric means for ovarian follicular-fluid melatonin in that study were 1,600 (95% CI = 173 - 3036) and 320 pg/mL respectively. Media were changed and cells harvested as described for Experiment 1A.

#### *2.2.3. Experiment 1.C. Effect of O<sub>2</sub> level and melatonin on ROS*

This experiment adopted the factorial arrangement described for Experiment 1B but using a 96-well format (Table S1). Media were changed as described for Experiment 1A. Generation of ROS was assessed at 48, 96 and 144 h of culture (described later).

#### *2.2.4. Experiment 2.A. Effect of temperature and melatonin on cell number, steroidogenesis and gene expression under physiological O<sub>2</sub> levels*

This experiment adopted a factorial arrangement similar to Experiment 1B but treatments (37.5 vs 40.0 °C; using two humidified incubators at 5% O<sub>2</sub> with four melatonin doses (0, 20, 200 and 2000 pg/ml)) commenced after 48 h of culture (Table S2). Incubator temperature was monitored using two thermometers (temperature loggers, EL-USB-1, Lascar Electronics, Salisbury, UK) in addition to that built into the incubator. Media were changed and cells harvested as described for Experiment 1A.

2.2.5. *Experiment 2.B. Effect of temperature and melatonin on ROS production under physiological O<sub>2</sub> levels*

This experiment also adopted the factorial arrangement described for Experiment 1B but using a 96-well format (Table S2) and with treatments described for Experiment 2A. Media were changed as described for Experiment 1A. Generation of ROS was assessed at 96 and 144 h of culture (described later).

2.3. *Hormone analyses*

Progesterone and E<sub>2</sub> production by GCs after 48, 96 and 144 h of culture in Experiment 1A, 1B and 2A was assessed by ELISA using commercial kits provided by Ridgeway Research Ltd, Gloucestershire, UK (P<sub>4</sub> product code RIDGE-P), and DRG GmbH, Marburg, Germany, (E<sub>2</sub>; product code EIA-2693)) as described previously [28,29]. Spent media were initially diluted (P<sub>4</sub>, 1:100; E<sub>2</sub> 1:20) and analysed in duplicate. Inter- and intra-assay CV for P<sub>4</sub> were 11.1% and 5.1% respectively, and corresponding values for E<sub>2</sub> were 8.6% and 6.8%.

2.4. *Aromatase activity (Experiment 1A)*

Granulosa cells (~1 x 10<sup>6</sup> cells/tube) were homogenized in 200 µl of aromatase buffer solution PH 7.4 (20 mM TES, 10 mM EDTA, 150 mM KCL, protease inhibitor) on ice using tissue and cell homogenizer (Fast Prep-24, model 6004-500, Strasbourg, France) for 30s. Homogenates of two wells per plate were pooled. The protein was then extracted by centrifugation at 1000g for 5 min at 4°C, quantified (BCA method [30] and samples stored at – 80°C until assayed for aromatase activity as described by Satoh et al. [31] and Tinwell et al. [32] with slight modifications. Briefly, duplicate aliquots of 60 µg cell protein were incubated for 25 min at 37°C with testosterone (100 nM) and NADPH (10 mM) (Santa Cruz, sc 202725; Cofactor, Cytochrome P450 reductase) in aromatase working buffer (final reaction volume of 200 µl/tube at pH 7.5). Enzyme activity was then terminated by heating the tube at 100°C for 5 min. In addition, background E<sub>2</sub> (i.e. intracellular E<sub>2</sub>) was estimated for each sample after heat inactivation prior to enzyme reaction. Following centrifugation, supernatants were stored at -80°C until E<sub>2</sub> assay by ELISA. The experiment was replicated 5 times.



## 2.5. Transcript expression (Experiments 1B and 2A)

Methodologies reported were those used previously in our laboratory [28]. Briefly, total RNA was extracted from cultured GCs using RNeasy Mini Kit (Qiagen Ltd., West Sussex, UK) and treated with DNase (Promega, Southampton Science Park, Southampton, UK) to remove genomic DNA contamination. DNase-treated RNA was then transcribed into complementary DNA (cDNA) using Omniscript cDNA synthesis kit (Qiagen Ltd) in a 20 µl volume according to manufacturer's instruction. Quantitative Real time PCR (qPCR) was performed using a Roche LightCycler 480 (Roche Diagnostics Ltd, Penzberg, Germany) with gene-specific primers and TaqMan probes (Eurofins Genomics, Ebersberg, Munich, Germany) that were labelled with the 6-carboxyfluorescein (FAM) and tetramethylrhodamine (TAMRA) at 5' and 3' ends respectively (Table S3). PCR was performed in 20 µl volume containing 10 µl of 2x Probe Master mix, 0.3 µM each primer, 0.2 µM Taqman probe and 1 µl cDNA. Before quantification, standard curves using each primer/probe set for a particular gene were generated and only those which gave an efficiency of 1.8 to 2.0 used. To ensure no genomic DNA contamination, –RT for genes were performed. A negative control (without cDNA) was also included in each qPCR run. Four biological replicates were conducted per experiment and cDNA from each sample was run in duplicate for each gene.

Several housekeeping genes (*RPL19*, *RPLP0*, *B2M* and *TBP*) were tested (Table S3) and it was found that *TBP* was the most stable housekeeping gene when analysed by NormFinder and RefFinder. Hence, all target genes in this study were normalized to *TBP*. Relative quantification was calculated using the formula of [33].

## 2.6. Measurement of ROS (Experiments 1C and 2B)

Reactive oxygen species generated from cultured GCs were measured by Nitroblue tetrazolium (NBT; N6876, Sigma-Aldrich) as previously described [34–36] but with some modifications. Briefly, media were removed and 50 µl of 1 mg/ml NBT added to each well and incubated for 2 min. Reactions were terminated by adding 100 µl of 1 M HCl. Solutions in each well were then removed and wells washed three times with PBS. Then 150 µl of dimethyl sulfoxide (DMSO) was added to each well to solubilise formazan produced inside the cells. Finally, 10 µl of 1 M NaOH was added to each well and shaken for 20 min. Colour production was measured at 630 nm using a plate reader (Thermo Fisher, Loughborough,



UK). Optical density (OD) was adjusted to viable cell number as assessed by crystal violet assay.

## 2.7. Statistical analyses

Results were analysed by ANOVA using GenStat (GenStat, 17<sup>th</sup> ed.). For Experiment 1A terms fitted to this 2 x 3 factorial model were O<sub>2</sub> (physiological vs atmospheric) and time in culture (48, 96 and 144 h). A third interactive term, melatonin (0, 20, 200 and 2000 pg/ml), was included for Experiments 1B and 1C). Oxygen level, melatonin and culture duration were considered as fixed effects and blocked by culture date, incubator and plate. For Experiments 2A and 2B, terms fitted to these 2 x 4 x 2 factorial models were temperature (37.5°C vs 40.0°C), melatonin (0, 20, 200 and 2000 pg/ml) and time in culture (96 and 144 h). For transcript expression in Experiment 1B and 2A, terms fitted to these 2 x 2 x 2 factorial models were environmental treatment (1B, physiological vs atmospheric O<sub>2</sub>; 2A, 37.5°C vs 40.0°C), melatonin (0 and 2000 pg/ml) and culture duration (96 and 144 h). These models were blocked by culture date, incubator and plate. Again, temperature, melatonin and culture duration were considered as fixed effects. Estradiol (pg/ml) and P<sub>4</sub> (ng/ml) production were expressed per 10<sup>5</sup> cells. Natural log transformations of these data were used to correct for heteroscedasticity of the residuals. The data are shown as natural logs of the means with a SED.

## 3. Results

### 3.1. Experiment 1A. Atmospheric vs physiological O<sub>2</sub> levels on cell number and steroidogenesis

Granulosa cell number in 6-well plates declined between initial plating and 48 h of culture (1.5 to 1.0 x 10<sup>6</sup> cells/well; SED = 0.049; P<0.001) but subsequently recovered (P<0.001) with time so that, by the end of culture, cell density was similar to that initially seeded. Mean cell number averaged across all time points was greater under low than high O<sub>2</sub> level (1.19 vs 1.03 x 10<sup>6</sup> cells/well; SED = 0.027; P = 0.004).

There was a culture time by O<sub>2</sub> levels interaction (P = 0.014) which indicated that the increase in P<sub>4</sub> production between 48 h and 96/144 h was greater under high than low O<sub>2</sub> level (Fig 1A). Granulosa-cell E<sub>2</sub> production declined between 48 and 96 h of culture (Fig

1B). However, there was a culture time by O<sub>2</sub> level interaction ( $P < 0.001$ ) which indicated that, in contrast to 20% O<sub>2</sub> where E<sub>2</sub> production didn't change, E<sub>2</sub> production increased between 96 and 144 h for cells cultured under 5% O<sub>2</sub>. Consequently, at both 96 and 144 h, the E<sub>2</sub>: P<sub>4</sub> ratio was greater ( $P < 0.001$ ) for cells cultured under 5% than under 20% O<sub>2</sub>. The temporal pattern of E<sub>2</sub> production depicted in Fig 1B was confirmed by determining aromatase activity (Fig. 2). Testosterone conversion to E<sub>2</sub> in the presence of NADPH indicated a decline ( $P = 0.014$ ) in aromatase activity at 96 and 144 h for cells cultured under 20% O<sub>2</sub> but not for cells cultured under 5% O<sub>2</sub>.

### 3.2. Experiment 1 B. Effect of melatonin on GCs cultured under 5% or 20% O<sub>2</sub>

Confirming observations from Experiment 1A, cell numbers using a 12-well format declined between 48 and 96 h of culture but increased again by 144 h (647,250 vs 595,391 vs 658,906 cells/ml; SED = 15,000;  $P < 0.001$ ). At 20 pg/mL, melatonin increased ( $P < 0.001$ ) cell number relative to non-treated cells for both O<sub>2</sub> levels, but higher doses melatonin did not alter cell number relative to non-treated cells (621,479, 673,938, 603,604 and 590,308 cells/well for 0, 20, 200 and 2000 pg/mL respectively; SED = 16,258).

Again confirming results from Experiment 1A, P<sub>4</sub> production increased ( $P < 0.001$ ) between 48 h and 96/144 h, and was lower ( $P = 0.024$ ) under 5% than 20% O<sub>2</sub> (data not shown). Similarly, E<sub>2</sub> production matched that of Experiment 1A, declining ( $P < 0.001$ ) by 96 h and remaining low by 144 h under 20% O<sub>2</sub>, but increasing again ( $P < 0.001$ ) by 144 h under 5% O<sub>2</sub> (data not shown). In contrast to cell number, melatonin had no effect on P<sub>4</sub> and, at 20 ng/mL only, marginally reduced ( $P = 0.023$ ) E<sub>2</sub> production relative to untreated cells (log E<sub>2</sub> = 7.09 vs 7.24 pg/mL/10<sup>5</sup> cells; SED = 0.063). Transcript expression for selected genes involved in steroidogenesis, apoptosis and O<sub>2</sub> metabolism varied with time in culture and, for *HSD3B1*, *SOD1* and *HBA* there were O<sub>2</sub> level by culture time interactions (Table 1). However, there was no effect of melatonin on transcript expression. Consistent with measured concentrations of P<sub>4</sub> in spent culture media, *HSD3B1* mRNA expression increased ( $P = 0.003$ ) with time for cells cultured under 20%. However, this was not the case under 5% O<sub>2</sub>. *HBA* mRNA expression was greater ( $P = 0.015$ ) under 5% than 20% O<sub>2</sub>, but decreased ( $P = 0.006$ ) with time under these conditions. In contrast, transcripts for the antioxidant enzymes *SOD1* and 2 were broadly similar for both O<sub>2</sub> treatments, and *ASMT* expression was unaffected by treatment.

### 3.3 Experiment 1C. Effect of O<sub>2</sub> level and melatonin on ROS

Using a 96-well format ROS generation determined by Nitroblue tetrazolium assay did not differ between 5% and 20% O<sub>2</sub> culture treatments. However, ROS generation increased between 48 and 96 h and then declined to 144 h (0.26 vs 0.32 vs 0.28 OD units/10<sup>5</sup> cells for 48, 96 and 144 h respectively; SED = 0.011; P<0.001). The inclusion of melatonin to culture media under both O<sub>2</sub> levels reduced (P<0.001) ROS generation irrespective of dose (0.31, 0.27, 0.25 and 0.26 OD units/10<sup>5</sup> cells for 0, 20, 200 and 2000 pg/ml respectively; SED = 0.012).

### 3.4. Experiment 2A. Effect of temperature on cell proliferation and steroidogenesis at 5% O<sub>2</sub> in the presence or absence of melatonin

Working with a 12-well plate format, viable cell number by 48 h of culture in basal media and under standard temperature (i.e. 37.5°C) decreased from 6.00 to 4.54 x 10<sup>5</sup> cells. At this time plates were randomly allocated to standard or high temperature (40.0°C) incubators and melatonin treatments introduced. Cell number subsequently increased (P<0.001) with time in culture to 7.05 x 10<sup>5</sup> cells by 144 h, and this was independent of temperature. However, there was an interaction (P = 0.004) between temperature and melatonin treatment which indicated that the inclusion of melatonin increased viable-cell number at 40.0°C but reduced viable-cell number at 37.5°C, particularly at the higher doses (Fig. 3). Cell number was greater at 37.5°C than 40.0°C when melatonin was not included in the media.

Consistent with Experiments 1A and B, P<sub>4</sub> production increased between 48 and 96 h for cells cultured at both 37.5°C and 40.0°C. In contrast to 37.5°C, however, P<sub>4</sub> production declined (P<0.001) between 96 and 144 h culture at 40.0°C (Fig. 4A). The pattern of E<sub>2</sub> production during the 144 h culture period (Fig. 4B) was similar to that observed in Experiments 1A and B at 5% O<sub>2</sub> for both 37.5°C and 40.0°C. There was an interaction (P = 0.007) between melatonin dose and temperature on P<sub>4</sub> production (Fig. 5). Whereas the higher concentrations of melatonin (i.e. ≥ 200 ng/ml) increased P<sub>4</sub> production at 37.5°C they reduced P<sub>4</sub> production at 40.0°C. The two lower doses of melatonin (i.e. 20 and 200 pg/ml) reduced E<sub>2</sub> by GCs whereas the highest dose (2000 pg/ml) had no effect (data not shown). Consequently, the E<sub>2</sub>:P<sub>4</sub> ratio increased (P<0.001) between 96 (1.47:1) and 144 h (2.51:1) of culture, and the overall effect of melatonin was similar to that observed for E<sub>2</sub>; that is the two

lower doses of melatonin decreased this ratio ( $P < 0.001$ ) whereas the highest dose had no effect.

In contrast to the effects of  $O_2$  level (Table 1), temperature generally had little effect on transcript expression in cultured GCs (Table 2). Importantly, however, there was a temperature  $\times$  time of culture interaction ( $P = 0.009$ ) for *BAX* mRNA expression. Consistent with the results of Experiment 1B (Table 1), there was a decline in *BAX* mRNA expression with time at  $37.5^\circ\text{C}$ , but this did not occur at  $40.0^\circ\text{C}$  (Table 2). Transcript expression for *ASMT* was greater ( $P = 0.019$ ) at  $40.0^\circ\text{C}$  than at  $37.5^\circ\text{C}$ . There was no significant effect of melatonin on transcript expression.

### 3.5. Experiment 2B. Effect of temperature and melatonin on ROS production at 5% $O_2$

Production of ROS by bovine GCs was not affected by temperature. The presence of melatonin at all three concentrations reduced ( $P < 0.001$ ) ROS production by cultured GCs (0.31, 0.26, 0.25 and 0.27 OD units/ $10^5$  cells for 0, 20, 200 and 2000 pg/ml respectively; SED = 0.01) at both temperatures.

## 4. Discussion

The most significant novel findings to emerge from this study were, firstly, the relatively small overall effect that elevated temperature ( $40.0$  vs  $37.5^\circ\text{C}$ ) had on GC physiology when these cells were cultured under low (5%)  $O_2$  as opposed to atmospheric (20%)  $O_2$  and, secondly, the interaction between melatonin dose and temperature on viable cell number and  $P_4$  production at low  $O_2$  levels. Extended culture of GCs at  $40.0^\circ\text{C}$  led to a decline in  $P_4$  production, a response which was exacerbated with the inclusion of high-dose ( $\geq 200$  pg/mL) melatonin (Fig. 5). In contrast, at  $37.5^\circ\text{C}$   $P_4$  production remained high at 144 h and the inclusion of high-dose melatonin appeared to contribute to this increase. The corresponding changes in viable cell number with increasing dose of melatonin for low and high temperatures (Fig. 3) suggest that high doses of melatonin interacted with temperature to differentially influence the extent of GC luteinisation at low  $O_2$  levels.

In contrast to temperature,  $O_2$  level had a more marked effect on GC physiology. Unlike GCs cultured under atmospheric (20%)  $O_2$  levels, GCs cultured under low  $O_2$  retained their primary GC phenotype to a greater extent, being more proliferative and estrogenic (Fig. 1).

These observations are consistent with those of [12] for GCs from small-medium sized follicles cultured in 5% O<sub>2</sub>, and indicate that studies investigating environmental effects on cultured primary GCs are best carried out under low O<sub>2</sub> levels which better represent the ovarian follicle [14,15].

#### 4.1. Responses to O<sub>2</sub> level

Cell proliferation, and hence mean cell number, from 48 h of culture in the current study was greater at 5% than 20% O<sub>2</sub>, an observation consistent with that of Shiratsuki et al. [13]. The increase in aromatase activity and E<sub>2</sub> production between 96 and 144 h for GCs cultured under 5% O<sub>2</sub> in our study (Fig. 1B and 2) is also in general agreement with observations of Roberts and Echterkamp [12]. Collectively, these results suggest that under 5% O<sub>2</sub> from around 96 h of culture a population of proliferating and steroidogenic cells exists which, in contrast to cells cultured under 20% O<sub>2</sub>, better represent luminal GCs observed in medium-sized growing antral follicles. The decline in aromatase activity and E<sub>2</sub> production under 20% O<sub>2</sub> may be due to our use of fibronectin-coated plates. Plates pre-coated with attachment factors such as serum have been found to reduce E<sub>2</sub> production by GCs cultured under 20% O<sub>2</sub> [27]. In our study, the assumption is that the steady decline in aromatase activity (pg E<sub>2</sub>/mg protein) up to 144 h under 20% O<sub>2</sub> was due to a parallel decline in enzyme. However, we were not able to confirm the mechanism of this decline. It was not possible to establish differential transcript expression for *CYP19A1* which, for GCs in our system, was close to the detection limit of the method and so the data are not presented. Transcript levels for *HSD3B1* (which catalyzes the conversion of pregnenolone to P<sub>4</sub>) were greater at 20% than at 5% O<sub>2</sub>, and increased with time in culture at 20% O<sub>2</sub>, consistent with increased production of P<sub>4</sub> by these cells (Fig. 1A).

Of the transcripts measured (Table S3) the only other to be affected by O<sub>2</sub> level was *HBA* (Hemoglobin alpha) (Table 1); transcript expression for Hemoglobin beta (*HBB*) was barely detectable and unresponsive to culture conditions. In fact transcript expression for *HBA* at 48 h culture was similar to that for freshly aspirated GCs (data not presented), but under low O<sub>2</sub> declined with time during culture. Transcripts for *HBA* and *HBB* have previously been reported in mouse and human granulosa and cumulus cells [37], and transcripts for *HBA* were recently reported in bovine GCs in a micro-array study that assessed the effects of plating density on gene expression [38]. Working with aspirated GCs from small to medium (< 6mm) antral follicles, this latter study adopted a culture system similar to ours (i.e. serum free

media with 10 ng/mL insulin), but under 20% O<sub>2</sub>. Of the 906 transcripts upregulated by increased plating density, those for *HBA* were the most affected, which the authors suggested was due to increased hypoxic conditions. This would certainly be consistent with current theories for the role of hemoglobin within the ovarian follicle [39] and with observations from the present study where *HBA* mRNA expression was 1.6 fold greater on average at 5% than 20% O<sub>2</sub>. Brown et al. [37] found hemoglobin transcript expression to be regulated by gonadotrophins (hCG) in the mouse and proposed a model that linked increasing *HBA* mRNA levels to events leading to follicular maturation and luteinization. In keeping with this model our findings that *HBA* mRNA levels decrease with time under 5% O<sub>2</sub> are consistent with a population of proliferating and estrogenic GCs.

#### 4.2. Responses to temperature

Studies assessing the effects of elevated temperature on cultured bovine, porcine and murine GCs have invariably been conducted in 5% CO<sub>2</sub> in air for variable periods of time often in the presence of high levels of gonadotrophins and/or growth factors and serum [9,10,40,41]; that is under conditions that favour or promote luteinization. For bovine and murine GCs cultured in this way elevated temperatures were found to increase BAX/BCL-2 and Caspase-3 mediated apoptosis and to reduce steroidogenesis [9,41]. Results from the current study where GCs were cultured under 5% O<sub>2</sub> in serum free media were less dramatic. Elevated temperature did reduce viable cell number in the absence of melatonin but had little effect on apoptotic gene expression (Table 2). Progesterone production declined with time in culture for GCs cultured at 40.0°C but not 37.5°C (Fig. 4A). The inhibitory effect of elevated temperature on P<sub>4</sub> production occurred in the absence of differences in transcript expression for *HSD3B1* (Table 2). Instead this may have been due to reduced expression of steroidogenic acute regulatory protein (*STAR*) and cytochrome P450 (*CYP11A1*) as observed by Li et al. [9] in bovine GCs, but not determined in the current study. The absence of an effect of elevated temperature on E<sub>2</sub> production (Fig. 4B) contrasts with the observations of Li et al. [9] who also reported a decline in *CYP19A1*. Insufficient details of the culture system employed by these authors negates a more direct comparison. However, it is clear that aromatase activity in our study was not impeded by elevated temperature. It may be that the provision of a readily available substrate for aromatization (i.e. 100 ng/mL testosterone) under 5% O<sub>2</sub> in our study helped alleviate the effects of elevated temperature on E<sub>2</sub> production.

#### 4.3. Responses to melatonin



Elevated (atmospheric) levels of O<sub>2</sub> [42] and temperature [7] each can disturb the intricate balance between the generation of ROS and antioxidant defence mechanisms leading to increased oxidative stress during either embryo or cell culture. However, neither O<sub>2</sub> level nor temperature affected ROS generation in the current series of experiments, but the inclusion of melatonin at all three levels significantly reduced ROS production by GCs. The antioxidant and anti-apoptotic properties of melatonin are well recognized [21], and variable levels of this indole amine are found in ovarian follicular fluid [16-18]. It is believed that follicle levels are derived from both systemic and local sources within the ovary [43, 44], and the current study confirmed the presence of transcripts for *ASMT* (Acetylserotonin O-methyltransferase) and *AANAT* (Aralkylamine N-acetyltransferase) involved in melatonin synthesis in bovine GCs. However, transcripts for *AANAT* were extremely low and barely detectable, and those for *ASMT* were unaffected by O<sub>2</sub> level and only marginally increased at 40°C. These responses may have been influenced by the level of tryptophan (10 µg/mL) in our basal medium (M199, Sigma-Aldrich). Kim et al. [45] observed that adding an additional 50 µg/mL of tryptophan to M199 (Gibco) during human GC culture lead to an 8- to 60-fold increase in expression of these two transcripts.

The most striking and novel observation in our study was the differential effect of the two higher doses of melatonin (i.e. 200 and 2000 pg/mL) on viable cell number and P<sub>4</sub> production at 37.5 and 40.0°C (Fig. 3 and Fig. 5). The levels were within the range used previously in culture studies with bovine cumulus and GCs (i.e. pg/mL to µg/mL levels [22, 45-47]) and, for the most part, comparable to levels reported in human, porcine and bovine follicular fluid (i.e. 10 to 300 pg/mL [16-20]). The higher doses of melatonin employed in the current study could therefore be considered to be towards the upper end of physiological. The stimulatory effect of increasing doses of melatonin on P<sub>4</sub> at 37.5°C is consistent with previous reports for human and bovine GCs cultured at 37°C but in the presence of serum and under atmospheric O<sub>2</sub> levels [22, 48]. The concomitant reduction in GC numbers in the current study further suggests that the higher doses of melatonin induced GCs to luteinise under these conditions. This is in stark contrast to GCs cultured at 40.0°C where the effects of higher doses of melatonin were to increase cell proliferation and reduced P<sub>4</sub> production. Although melatonin has previously been found to increase sheep GC numbers at high (43°C) temperatures (in the presence of 10% FCS and under atmospheric O<sub>2</sub> [49]), a suppressive effect on P<sub>4</sub> production has not previously be reported.



#### 4.4. Conclusions and perspective

The results demonstrate that culturing GCs under low O<sub>2</sub> more accurately reflects the follicular environment resulting in the expression of a more physiological phenotype than is seen under atmospheric O<sub>2</sub> concentrations. This more physiological approach revealed a lesser impact of elevated temperature on GC function than has previously been reported. However, it should be noted that granulosa cells were cultured in the absence of theca cells and in the presence of high levels of androgen, so we cannot rule out a potential theca-cell mediated impact of temperature on granulosa cell function. Nevertheless, the results do strongly support the need to consider O<sub>2</sub> concentration more carefully when investigating the impact of heat stress on ovarian function. As anticipated, the potent antioxidant melatonin consistently reduced ROS. However, the effects of melatonin on GC function were dependant on O<sub>2</sub> concentration, once again emphasising the importance of considering culture conditions when designing these experiments.

#### 5. Acknowledgments

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## Figure captions

**Fig. 1.** Effect of atmospheric (20%) or physiological (5%) O<sub>2</sub> level on granulosa-cell P<sub>4</sub> (A) and E<sub>2</sub> (B) production after 48, 96 and 144 h of culture in Experiment 1.A. A 2 x 3 factorial arrangement replicated 5 times. Data were log<sub>e</sub> transformed prior to analysis. Superscripts highlight differences (P<0.05) between groups.

**Fig. 2.** Effect of atmospheric (20%) or physiological (5%) O<sub>2</sub> level on aromatase activity in granulosa cells after 48, 96 and 144 h of culture in Experiment 1A. A 2 x 3 factorial arrangement replicated 5 times. Data were log<sub>e</sub> transformed prior to analysis. Superscripts highlight differences (P<0.05) between groups.

**Fig. 3.** Effect of melatonin (pg/ml) and incubation temperature from 48 h culture on granulosa-cell number averaged across 96 and 144 h of culture at 5% O<sub>2</sub> in Experiment 2.A. A 4 (melatonin) x 2 (temperature) x 2 (time points) factorial arrangement replicated 4 times. Data were log<sub>e</sub> transformed prior to analysis. Superscripts highlight differences (P<0.05) between groups.

**Fig. 4.** Effects of incubation temperature on granulosa-cell P<sub>4</sub> (A) and E<sub>2</sub> (B) production in vitro after 96 and 144 h of culture at 5% O<sub>2</sub> in Experiment 2.A. A 4 (melatonin) x 2 (temperature) x 2 (time points) factorial arrangement replicated 4 times. Cells were incubated for 48 h at 37.5°C and thereafter exposed to 37.5°C or 40.0°C. Data were log<sub>e</sub> transformed prior to analysis. Superscripts highlight differences (P<0.05) between groups. Hatched bars represent P<sub>4</sub> and E<sub>2</sub> production after 48 h culture at 37.5°C in 5% O<sub>2</sub> prior to commencement of treatments.

**Fig. 5.** Effect of incubation temperature and melatonin dose (pg/ml) on granulosa-cell P<sub>4</sub> production in vitro in Experiment 2.A. A 4 (melatonin) x 2 (temperature) x 2 (time points) factorial arrangement replicated 4 times. Cells were incubated for 48 h at 37.5°C in 5% O<sub>2</sub> and then exposed to 37.5°C or 40.0°C in the presence or absence of melatonin. Data were log<sub>e</sub> transformed prior to analysis. Superscripts highlight differences (P<0.05) between group.



**Table 1.** Normalized transcript expression in GCs cultured under physiological (5%) and atmospheric (20%) oxygen levels.

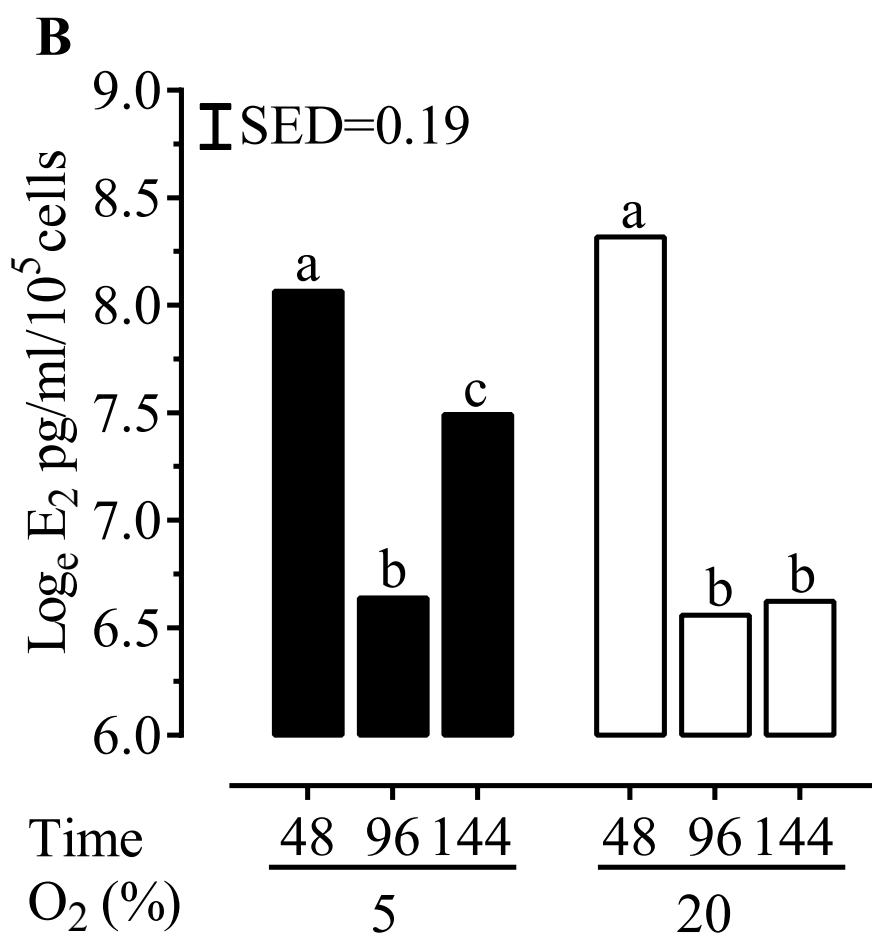
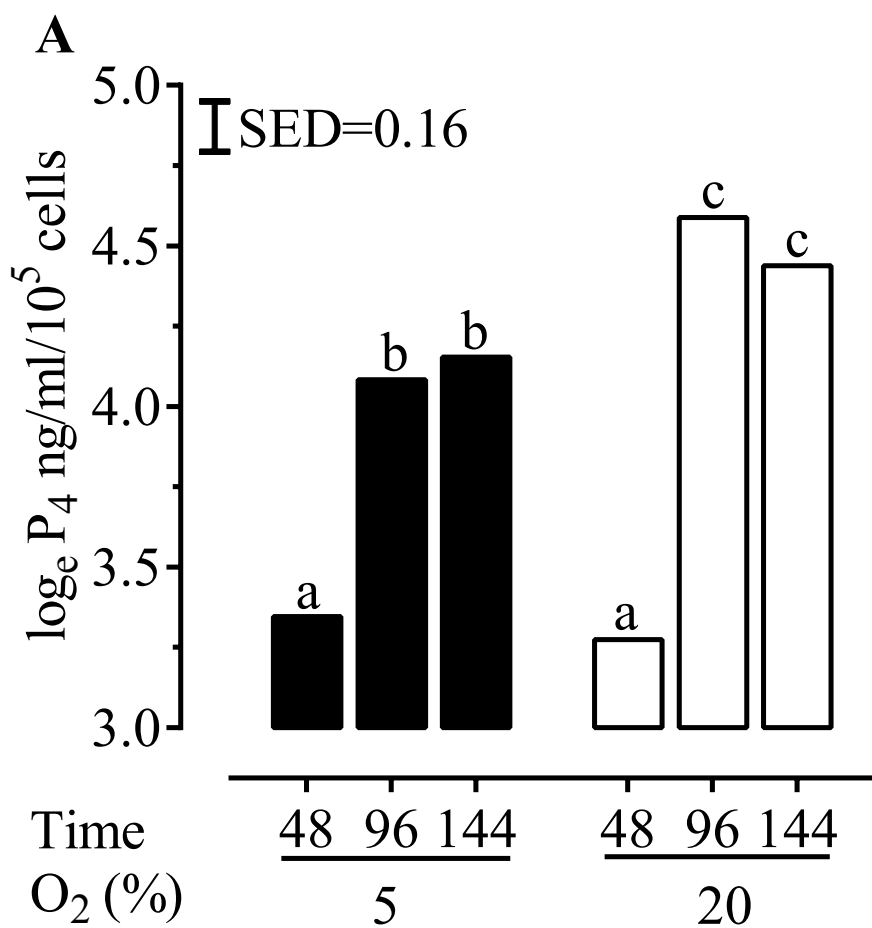
Oxygen (O <sub>2</sub> )	5%			20%			Significance (P)			
Culture time (h)	48	96	144	48	96	144	SED	O <sub>2</sub>	h	O <sub>2</sub> x h
Steroidogenesis										
<i>HSD3B1</i>	11.02 <sup>a</sup>	11.47 <sup>a</sup>	11.47 <sup>a</sup>	11.25 <sup>a</sup>	12.06 <sup>b</sup>	13.17 <sup>c</sup>	0.31	0.028	<0.001	0.003
Apoptosis										
<i>BAX</i>	11.99 <sup>ab</sup>	11.67 <sup>ab</sup>	11.37 <sup>a</sup>	12.12 <sup>b</sup>	11.27 <sup>a</sup>	11.43 <sup>a</sup>	0.37	-	0.015	-
<i>P53</i>	11.39	11.38	11.40	11.37	11.41	11.45	0.034	-	-	-
<i>HSPA1A</i>	13.13 <sup>a</sup>	11.94 <sup>b</sup>	11.92 <sup>b</sup>	12.52 <sup>ab</sup>	11.69 <sup>b</sup>	12.08 <sup>ab</sup>	0.53	-	0.018	-
O <sub>2</sub> metabolism										
<i>SOD1</i>	11.31	11.93	11.49	11.89	11.30	11.41	0.34	-	-	0.045
<i>SOD2</i>	14.55 <sup>a</sup>	14.12 <sup>ab</sup>	13.80 <sup>b</sup>	14.59 <sup>a</sup>	13.49 <sup>b</sup>	13.23 <sup>b</sup>	0.29	-	<0.001	-
<i>HBA</i>	15.43 <sup>a</sup>	11.62 <sup>b</sup>	10.51 <sup>b</sup>	8.65 <sup>c</sup>	7.82 <sup>c</sup>	7.51 <sup>c</sup>	1.11	0.015	<0.001	0.006
Melatonin synthesis										
<i>ASMT</i>	9.11	9.41	9.27	9.4	9.24	9.33	0.35	-	-	-

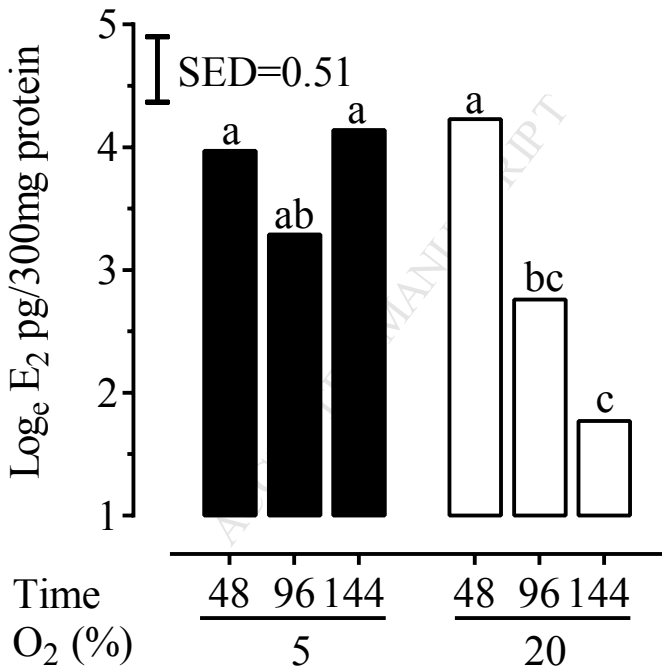
594 **Table 2** Normalized transcript expression in GCs cultured under normal (37.5°C) and high (40.0°C) temperatures.

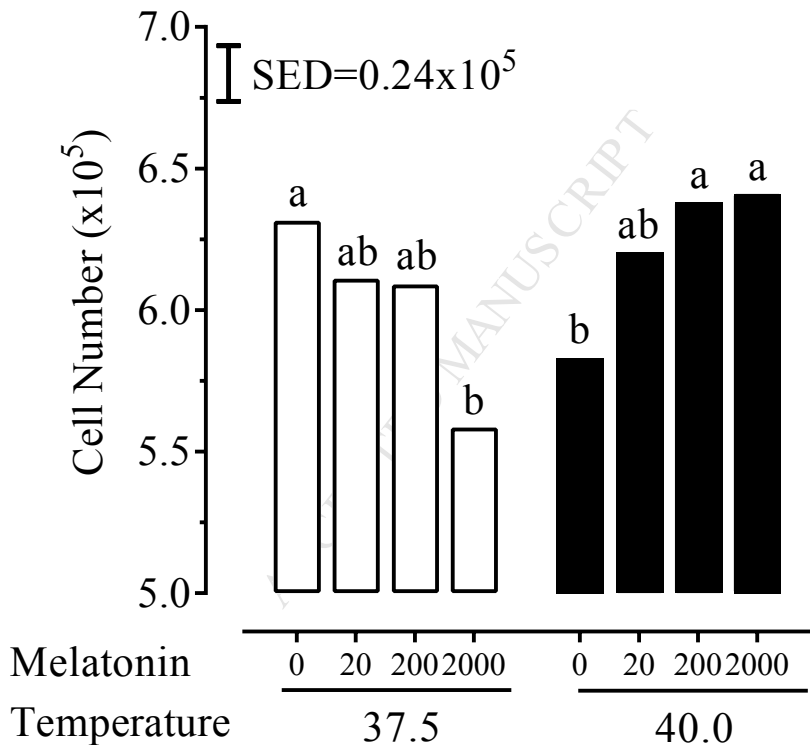
595

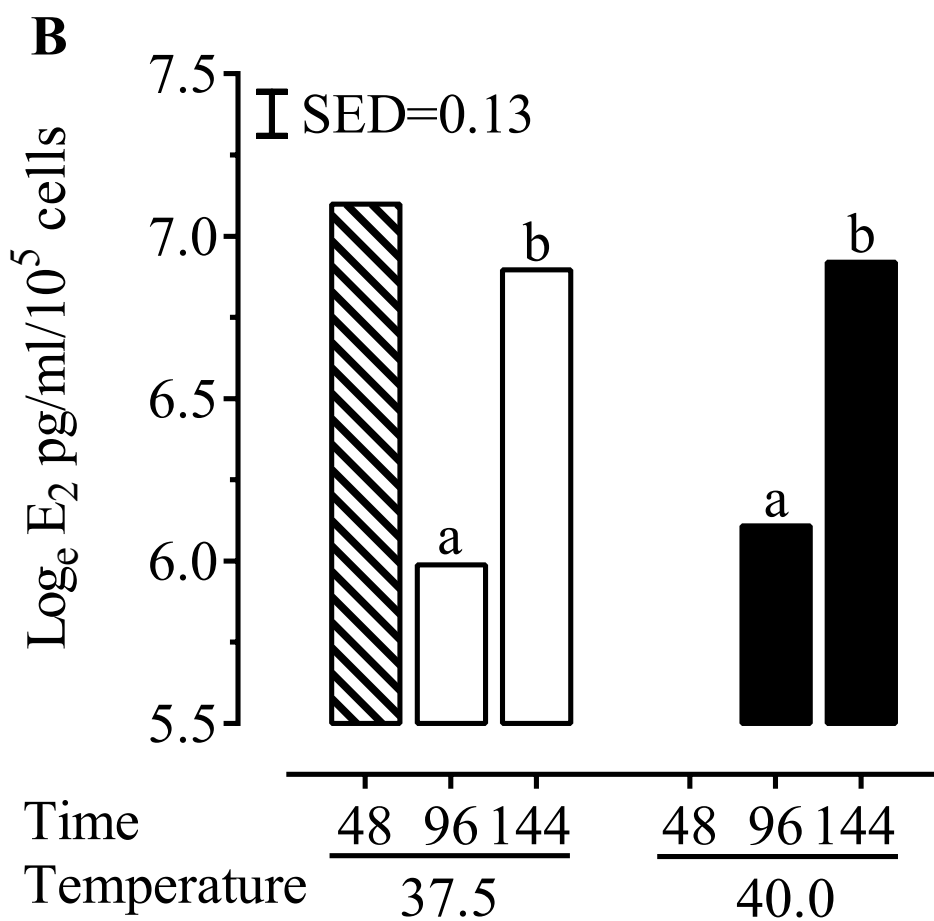
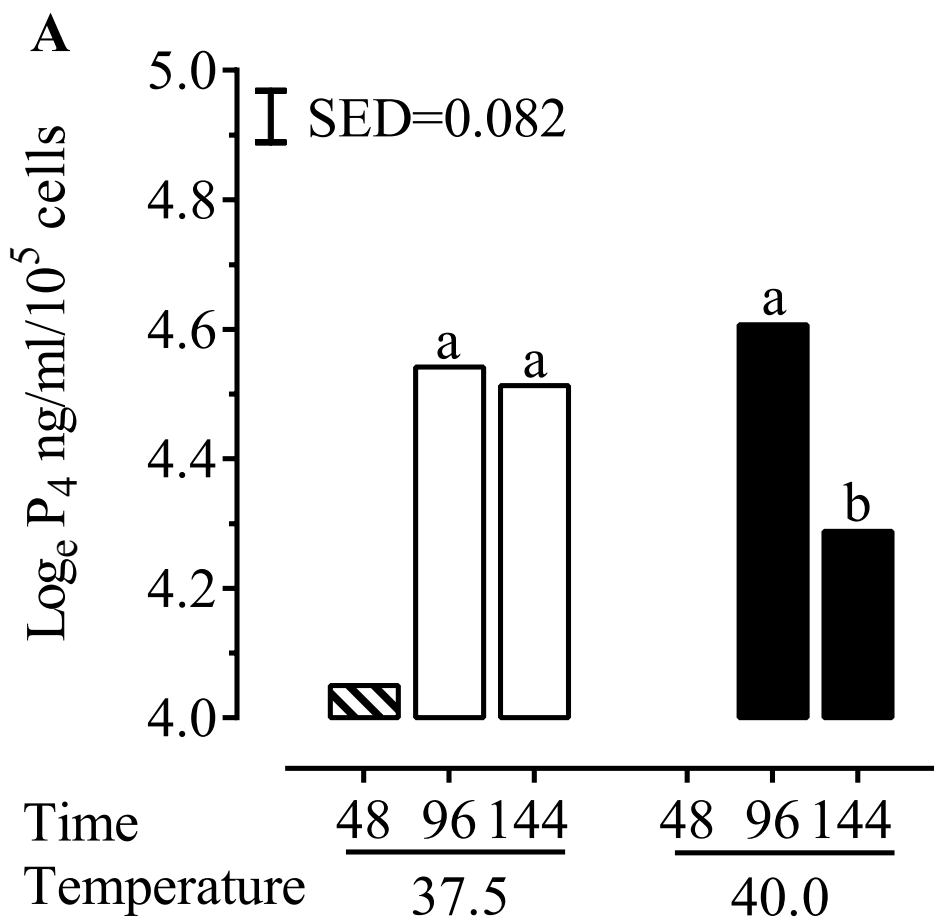
Temperature (°C)	37.5		40.0°C		SED	Significance (P)		
Culture time (h)	96	144	96	144		°C	h	°C x h
Steroidogenesis								
HSD3B1	13.32	13.42	14.03	13.42	0.31	-	-	-
Apoptosis								
BAX	12.56 <sup>a</sup>	12.19 <sup>b</sup>	12.49 <sup>a</sup>	12.66 <sup>a</sup>	0.12	0.068	-	0.009
P53	12.58	12.39	12.54	12.86	0.36	-	-	-
HSPA1A	13.9	13.72	14.38	14.2	0.40	-	-	-
O <sub>2</sub> metabolism								
SOD1	12.69	12.6	13.09	12.41	0.31	-	-	-
SOD2	14.02	13.96	14.21	14.24	0.18	-	-	-
HBA	14.08	13.54	15.25	14.6	1.04	-	-	-
Melatonin synthesis								
ASMT	10.38	10.03	10.94	10.98	0.49	0.019	-	-

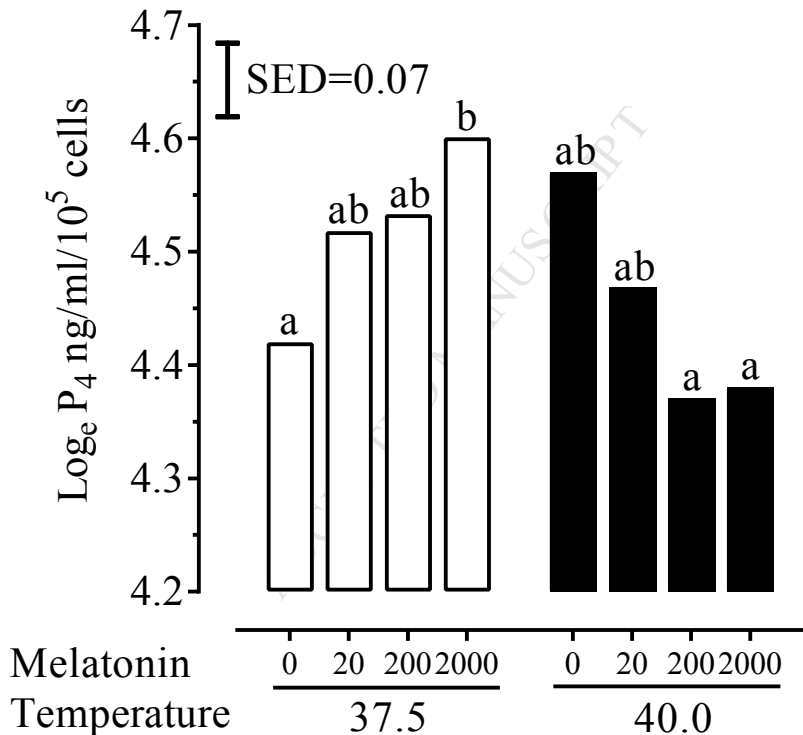
596













- Granulosa cells cultured under 5% than 20% O<sub>2</sub> better retain primary phenotype
- Culturing granulosa cells under 5% than 20% O<sub>2</sub> lessens impact of heat stress
- Melatonin interacts with temperature to affect cell number and progesterone at 5% O<sub>2</sub>